





Name _____		Year 5 Learning Journal		Teacher _____	
		Head Love to Learn	Hands Learn to Live	Heart Live to Love	
 Secure/ Mastered	<input type="checkbox"/> I can explain strengths and weaknesses using pink for think and green for great. <input type="checkbox"/> I can compare and select the best way to solve a problem. <input type="checkbox"/> I can reproduce instructions by teacher/peer. <input type="checkbox"/> I can make comparisons between my own and others' performances.	<input type="checkbox"/> I can show how to score in a game. <input type="checkbox"/> I identify the actions used in gym and dance. <input type="checkbox"/> I can show skills used. <input type="checkbox"/> I can consistently demonstrates how to perform pulse raiser and stretch techniques correctly.	<input type="checkbox"/> I can respect and listens to feedback from teachers and others. <input type="checkbox"/> I can consistently show teamworker skills and cooperate. <input type="checkbox"/> I can demonstrate the expected behaviour indefinitely to ensure myself and others are safe. <input type="checkbox"/> I can consistently have a positive attitude towards lessons and others.		
 Developin g	<input type="checkbox"/> I can comment on a performance by identifying strengths and weaknesses. <input type="checkbox"/> I can discuss ways to solve problems. <input type="checkbox"/> I can match instructions from peers/teammates. <input type="checkbox"/> I can make comparisons within others' performances.	<input type="checkbox"/> I can recall how to score in a game. <input type="checkbox"/> I can list actions used in gym and dance. <input type="checkbox"/> I can list skills used. <input type="checkbox"/> I can describe examples of how to raise your pulse in a warmup.	<input type="checkbox"/> I can frequently listen to the teacher's instructions and questions and responds appropriately. <input type="checkbox"/> I can frequently show teamworker skills and cooperate. <input type="checkbox"/> I can follow rules and expectations throughout the lesson so I can stay safe in PE. <input type="checkbox"/> I can demonstrate has a positive attitude towards lessons and others.		
 Emerging	<input type="checkbox"/> I can give feedback via prompts. <input type="checkbox"/> I can identify problems. <input type="checkbox"/> I can recall instructions from teacher. <input type="checkbox"/> I can make comparisons within my own performance.	<input type="checkbox"/> I can identify how to score in different games. <input type="checkbox"/> I can name actions in gym and dance. <input type="checkbox"/> I can name skills used. <input type="checkbox"/> I can participate in all warm up activities.	<input type="checkbox"/> I can sometimes listen (communication) to the teacher's instructions and questions and responds appropriately. <input type="checkbox"/> I can sometimes demonstrate teamworker skills and cooperate. <input type="checkbox"/> I can understand the expected behaviour and how it helps me stay safe. <input type="checkbox"/> I can identify what a positive attitude in lessons looks like.		

1-12 = emerging

13-23 = developing

24-33 = secure

34- 36 = mastery

Reflection – Year 5 Learning Journal



Head <i>Love to Learn</i>	Hands <i>Learn to Live</i>	Heart <i>Live to Love</i>
<ul style="list-style-type: none"> Find corrections in performance. Identify correct performance. Name pink and green. Recognise how to solve problems. Identify skills which link to fitness stations. Compare own and others performance. Discuss strengths and weaknesses. Explain strengths and weaknesses. 	<ul style="list-style-type: none"> Identify Skills in..... Create shapes and travel. Repeat 5 basic actions. Effective communication techniques. Show teamworker skills Show..... Skills in..... Show a variety of running, throwing, jumping skills. Reproduce..... Skills in 	<ul style="list-style-type: none"> Remember rules and expectations. Demonstrate safety. Emit expected behaviour. Cooperate and communicate. Aspire to keep going. Demonstrate teamworker skills. Respond appropriately. Retell instructions and skills. Selects consistently the positive attitude towards lessons.

<u>Winter</u>		<u>Spring</u>		<u>Summer</u>	
Head	/ 12	Head	/ 12	Head	/ 12
Hands	/ 12	Hands	/ 12	Hands	/ 12
Heart	/12	Heart	/ 12	Heart	/ 12
Total	/36	Total	/ 36	Total	/ 36
My Strength: _____ _____ _____ My target: _____ _____ _____ I am proud of myself because: _____ _____ _____		I have improved by _____ points My Strength: _____ _____ _____ My target: _____ _____ _____ I am proud of myself because: _____ _____ _____		I have improved by _____ points My Strength: _____ _____ _____ My target: _____ _____ _____ I am proud of myself because: _____ _____ _____	
Superhero skills used in winter term CT RL SM EP IE TW		Superhero skills used in winter term CT RL SM EP IE TW		Superhero skills used in winter term CT RL SM EP IE TW	
What fruits of faith have you used: 		What fruits of faith have you used: 		What fruits of faith have you used: 	